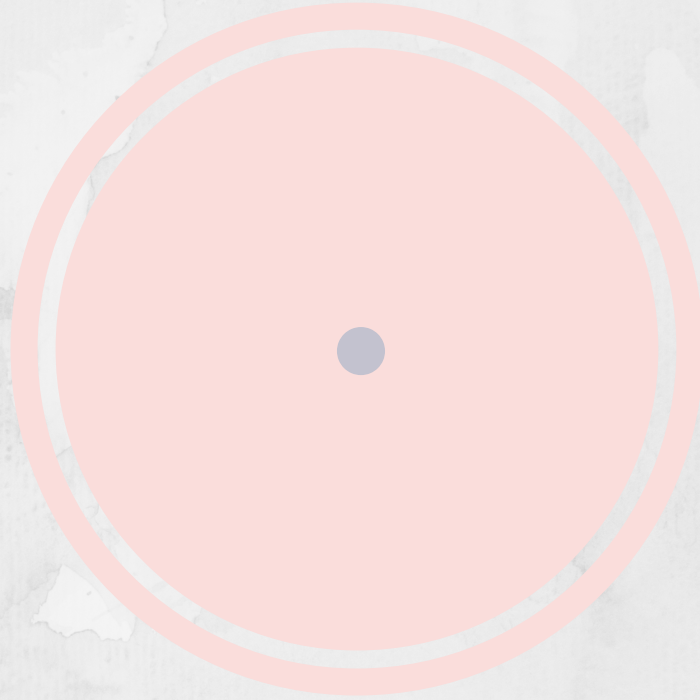


# WHEEL OF LIFE!

TAKE THE 8 KEY AREAS OF YOUR LIFE BELOW, BREAK UP THE CIRCLE WITH HOW MUCH TIME YOU SPEND ON EACH AREA & A NUMBER OUT OF 10 FOR HAPPY YOU ARE WITH EACH AREA **NOW**:



NOW DO THE SAME WITH WHERE YOU **WANT** YOUR TIME TO BE SPENT, THIS WILL SHOW YOU WHERE TO FOCUS AND WHAT YOUR PRIORITIES ARE.



## KEY AREAS:

- CAREER
- FINANCES
- FUN
- HOME
- FAMILY
- ROMANCE
- HEALTH
- FRIENDSHIPS
- PERSONAL DEVELOPMENT